To most of us, the act of speaking is easy. We think of something to say, open our mouths, and the words just flow. But for some 350,000 Canadians, talking is not so easy because they stutter. This speech issue is not something that receives a whole lot of attention, and most people do not really know much about stuttering. This Walk & Run Event is designed to increase public awareness of stuttering and to raise funds to the wonderful Speech and Stuttering Institute, that magical place that helps so many to communicate more effectively.

Your support will make a difference in the lives of the clients at The Speech & Stutterina Institute!

This event will help The Speech and Stuttering Institute provide speech therapy to all those in need. In addition to the walk and run, there are other activities planned such as: barbecue, entertainment, guest speakers, and a raffle.

With the clinical involvement and support of The Speech and Stuttering Institute, people who stutter are able to live productive and engaging lives as a result of the breakthrough research that unearth the root causes of speech-related challenges which helps to identify the most effective individualized speech therapy methods.

The Speech & Stuttering Institute

150 Duncan Mill Rd., Unit #2 Toronto, ON M3B 3M4 (416) 491-7771 (416) 491-7215 fax Website: www.speechandstuttering.com Email: info@speechandstuttering.com



Location: Betty Sutherland Trail Park The Speech and Stuttering Institute 2-150 Duncan Mill Road, Toronto

Date: Sunday, September 23, 2018

- 8:30 AM 10:00 AM Registration
- Walk & Run Day begins with warm up exercises to music and speakers
- 10:15 AM WALK/RUN STARTS!
- 10:30 AM 1:00 PM Performances. Music
- 11:30 AM 1:00 PM Barbecue starts!
- 12:00 PM Raffle draw

For more information:

Greg O'Grady, Walk & Run Founder & Coordinator: gregog@rogers.com; 416-400-7955

Loriellen Karam, Director of Development, SSI: loriellenk@speechandstuttering.com: 416-491-7771 x 243

http://stutterwalkrun.com/





Sunday, September 23, 2018

Betty Sutherland Trail, Toronto

1K/5K Walk & Run for Stuttering **Awareness**





2012

2013











2017

<u>To Register</u>

This event will help The Speech and Stuttering Institute provide speech therapy to all those in need. In addition to the walk and run, there are other activities planned such as: barbecue, entertainment, guest speakers, and a raffle.

The registration fee is \$25 which provides:

- Confirmation of your registration in the 1K/5K Walk & Run
- An event T-shirt
- BBQ lunch
- Entertainment

On the CanadaHelps site you can set up your own personal fundraising page in support of your walk/ run!

Register at <u>https://www.canadahelps.org/</u> en/charities/the-speech-stutteringinstitute/WalkRun2018/

You can also register on Walk & Run day at The Speech and Stuttering Institute between 8:30 - 9:30 am

Become a Sponsor

Show your support at the corporate level we want to hear from you! Presenting Sponsor - \$5000 Platinum Level - \$2500

Gold Level - \$1000

Silver Level - \$500

Bronze Level - \$250

Pledge Form if you do not wish to fundraise online

Email:

Fundraiser's Name: ______ Address: _____

Phone number: _____

Please PRINT the name and address of each supporter clearly.

| Donor's Name | Email | Address | City | Postal | Phone | Gift | Paid |
|--------------|--------------------|----------------------|---------|---------|--------------------|------|------|
| Jane Sample | jsample@sample.com | 123 Sample Street | Toronto | M1M 1M1 | 416-123-4567 | \$25 | yes |
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| | | | | | Total Donations | | |

Please return this form with your funds collected to the pledge table at

The Speech and Stuttering Institute on Walk & Run Day September 23, 2018.

Please make cheques payable to: The Speech and Stuttering Institute.

Tax receipts will be issued for gifts of \$20 minimum.