



THE SPEECH
& STUTTERING
INSTITUTE

PRESCHOOL STUTTERING PROGRAM INFORMATION

INITIAL CONSULTATION

All families begin with an initial consultation. This is our opportunity to:

- evaluate your child's particular needs and risk factors for persistent stuttering
- provide you with information and treatment recommendations
- recommend some helpful things you can begin to do right away to help your child at home

Families are invited to complete an **intake questionnaire and provide a **video sample** of your child stuttering at home

FEES

Initial Consultation: \$200

Includes the pre-analysis of your child's case history and video sample; as well as a 60-minute in-clinic or phone appointment

Individual Treatment:

\$120 per 45 minute session

\$160 per 1 hour session

Clinical support via phone or email:

Available on a per minute basis billed at a rate of \$160 per hour

***All services** are available via **phone** or **videoconference** for clients who are unable to attend in person

ABOUT US

The Speech & Stuttering Institute is a non-profit organization dedicated to improving the lives of those with speech and stuttering challenges. Our treatment approach is founded upon more than 30 years of research and experience in the area of stuttering and motor speech disorders. Responses to treatment are continually evaluated to ensure delivery of the most effective, evidence-based treatment options. Our approach to treatment has been published in professional journals/text books and we are involved in the training of students and Speech-Language Pathologists across the province.

TREATMENT TYPES

There are many different approaches to helping your child with their stuttering. Your SLP will advise you on the best option for your child.

Counseling and Monitoring

Develop a home program based on your child's specific needs. Receive ongoing clinical support and monitoring of progress by phone, email, or in-clinic.

Palin Parent-Child Interaction Approach

Learn and refine home treatment strategies during about 6 weekly sessions followed by about 6 weeks of clinical support by phone.

Lidcombe Program for young children

A behavioural approach to stuttering treatment based on parent feedback. Typical treatment time is 12-20 weeks followed by structured maintenance support.

Supplementation with Fluency Skills

You and your child learn skills for breathing, pausing, voicing, or mouth movements to support fluency. Parents learn to support skills in day to day speech.



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