



# PRESCHOOL STUTTERING PROGRAM INFORMATION

## INITIAL CONSULTATION

All families begin with an initial consultation. This is our opportunity to:

- evaluate your child's particular needs and risk factors for persistent stuttering
- provide you with information and treatment recommendations
- recommend some helpful things you can begin to do right away to help your child at home

\*\*Prior to the initial consultation families are invited to complete an **intake questionnaire** and provide a **video sample** of your child stuttering at home

## FEES

[CLICK HERE FOR DETAILED FEE INFORMATION](#)

Or go to [speechandstuttering.com/services/fees](https://speechandstuttering.com/services/fees)

*Financial assistance may be available to those who qualify*

\***All services** are available via **phone** or **videoconference** for clients in Ontario who are unable to attend in person

Our programs are based on an understanding of the **individual** needs of preschoolers who stutter and their families. There is no one-size fits all.

Treatment is **comprehensive** and founded on research-based approaches and more than 20 years of clinical experience. We are currently commissioned by the Ontario government to train other Speech-language pathologists across Ontario in the area of preschool stuttering.

## TREATMENT TYPES

There are many different approaches to helping your child with their stuttering. Your SLP will advise you on the best option for your child.

### Counseling and Monitoring

- Develop a home program based on your child's specific needs
- Receive ongoing clinical support and monitoring of progress by phone, email, or in-clinic

### Palin Parent-Child Interaction Approach

- Learn and refine home treatment strategies during approximately 6 weekly sessions followed by approximately 6 weeks of clinical support by phone

### Lidcombe Program for young children

- A behavioural approach to stuttering treatment based on parent feedback
- Typical treatment time is 12-20 weeks followed by structured maintenance support

### Supplementation with Fluency Skills

- You and your child learn skills for breathing, pausing, voicing, or mouth movements to support fluency. Parents learn to support skills in day to day speech



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