



PRESCHOOL STUTTERING PROGRAM INFORMATION

INITIAL CONSULTATION

All families begin with an initial consultation. This is our opportunity to:

- evaluate your child's particular needs and risk factors for persistent stuttering
- provide you with information and treatment recommendations
- recommend some helpful things you can begin to do right away to help your child at home

****Prior to the initial consultation families are invited to complete an *intake questionnaire* and provide a *video sample* of your child stuttering at home**

FEES

For current fees, please visit our website:
www.speechandstuttering.com/services/fees

**Financial assistance may be available to those who qualify*

***All services** are available via **phone** or **videoconference** for clients anywhere in Ontario

Our programs are based on an understanding of the **individual** needs of preschoolers who stutter and their families. There is no one-size fits all.

The treatments we provide are supported by research and more than 25 years of clinical experience. We are currently commissioned by the Ontario government to train other speech-language pathologists across Ontario in the area of preschool stuttering.

TREATMENT TYPES

Treatments for preschoolers (up to grade one entry) are delivered by parents. There are many different approaches to helping your child with their stuttering. Your SLP will advise you on the best option for your child.

Counseling and Monitoring

- Develop a home program based on your child's specific needs
- Receive ongoing clinical support and monitoring of progress as needed

Indirect Treatment Protocol/ Palin Parent-Child Interaction Approach

- Learn and refine a program of individualized home treatment strategies during weekly sessions with your SLP
- Typical treatment duration is 6 sessions followed by a consolidation period and a re-evaluation of your child's needs

Lidcombe Program for young children

- A behavioural approach based on parent feedback
- Typical treatment duration is 12-20 sessions followed by structured maintenance support

Supplementation with Fluency Skills

- You and your child learn skills for breathing, pausing, voicing, or mouth movements to support fluency. Parents learn to support skills in day-to-day speech



LORIS@SPEECHANDSTUTTERING.COM



[@SpchStutterInst](https://twitter.com/SpchStutterInst)



416-491-7771
X 231



[THE SPEECH AND
STUTTERING INSTITUTE](https://www.linkedin.com/company/the-speech-and-stuttering-institute)



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