



SCHOOL AGE STUTTERING PROGRAM INFORMATION

INITIAL EVALUATION

All children require an initial evaluation before enrolling in treatment. This meeting will determine the therapy approach best suited to each child's needs. A Speech-Language Pathologist may complete some or all of the following: review your child's case history, evaluate stuttering severity, evaluate the effect of stuttering on your child's life, and assess your child's readiness to participate in a treatment program.

Recommendations about individual or group treatment will be made at this time.

FEES

Initial Evaluation: \$185 (60 mins)

Individual Treatment:

\$155 per 45-minute session

Weekly Group: \$125/session

Summer Intensive: \$3000.00

(\$125/session, 24 sessions)

Financial assistance may be available to those who qualify

Our treatment approach is founded upon more than 35 years of research and experience in the area of stuttering. Responses to treatment are continually evaluated to ensure delivery of the most effective, evidence-based treatment options. Since 1975, we have provided treatment for over 4,000 individuals who stutter (ranging from 2-85 years of age) from across Canada and various countries around the world. Our approach to treatment has been recognized worldwide and published in scientific journals and text books. In addition, we are involved in the training of students and Speech-Language Pathologists across the province.

Treatment typically involves teaching a set of fluency-enhancing and positive self-talk techniques to improve fluency and overall confidence in speaking. Transfer of fluency techniques to every day speaking situations and long-term maintenance of skills are components of each program. Treatment is tailored to children's individual needs. We have found that the best treatment outcomes are achieved when there is consistent attendance, regular home practice and parental involvement.

PROGRAM OPTIONS

6-9 Year Olds

- **Individual treatment** (45 min sessions, weekly, 16 weeks)
- Offered in-person or via videoconference
- Parents/caregivers participate in the sessions

10-13 Year Olds:

- **Individual treatment (in person or virtual)** (45 min weekly sessions, 12-20 weeks depending on recommended program)
- **Weekly Group treatment (virtual)** (1-1.5 hour sessions, 24 weeks)
- **Intensive Fluency Program (virtual)** – up to 6 children, 3 weeks in July, Monday through Friday, 10:00am – 12:00pm + 9 follow up sessions



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